



BAYSHORE COMPANION DOG CLUB

Presents:

How to: Condition & Stretch the Canine Athlete



Instructor: Ria Acciani, MPT, CCRP
Masters in Physical Therapy & Certified Canine Rehabilitation Practitioner

Official PT for AKC Agility World Team, WAO Agility World Team, EO Agility World Team, & IFCS Agility World Team since 2011. 18 years of experience in treating sporting canines

You will learn to:

- Safely Condition your dog for agility/sports
- Determine what level your dog should begin their exercise program
- Make a comprehensive conditioning program (how to put it all together)
- The Proper Warm up & Cool Down Routine
- Know when & how much to exercise your dog
- Perform 6 specific strengthening and balance exercises Level 1-3, Plus More!
- 12 sports specific stretches every performance dog should do
- Know why, when & how to stretch your dog
- Perform a simple lameness screen

January 12th, 2019

located at the BCDC Club house, 17 Lewis St., Eatontown, NJ 07724

Time: 9:00 AM – 5:00 PM

Working Spot \$200 Auditing Spot \$80

Limited spots available!

To reserve contact Maryanne Borowski at msborowski17@aol.com