

collar and lead

The Newsletter for the Bayshore Companion Dog Club, Inc.

Editor
Jill Bergmann



2022-2023

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December 2022

BCDC THE BEST

By Susan Soviero, President

I want to wish everyone a wonderful holiday season and a healthy happy New Year!

We have all seen many ups and downs in our personal, professional and dog lives these last several years. I am delighted to report the club is doing well financially and our classes are thriving. We continue to make several adjustments to our programs as well as add exciting seminars and other activities, making changes when needed. My thanks to the entire board especially the executive officers and to both Renee Shriver and Robin Salerno for running their perspective sides of the house so effectively. It is only through all our dedicated member volunteers that we make so many opportunities available to our members and the public which keeps the club financially sound.

Considering we opened in our new buildings August 2020 in the middle of the pandemic having been shut down at our Eatontown facility since that March, we have done a remarkable job shaking off any effects of the shut down and came roaring back into classes, trials, seminar and other activities. The club owes our thanks to Denise Marden who guided us through that period as President, not an easy job. I dare say our board have done as good of a job as many small businesses our revenue size though we are a not for profit. We certainly do not sit on our laurels and I

am pleased to report we have more active members now than I believe any time in the past. This is evident by trials, seminars and the efficiency at which the club is running. You will also see member cross over from different venues as they cross train their dogs. We continue to ensure everyone who would like an act role to have one within the club. We move forward with our vision to provide a good experience for all 157 members and the numerous students who come to us from outside the club. We owe a debt of gratitude to our dedicated instructors. Many have been with us literally decades devoting themselves weekly to classes. This is now evident in the fact club being name the Best Training Facility for Pets in Monmouth County for 2022. These efforts retain members and grow membership for a secure future.

May you all feel the peace and joy of the season with your cherished family, friends and of course those wonderful dogs. Kept training in 2023 and I hope you all attain your goals in the New Year!



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Ralphie's Story

By Larissa O'Donnell

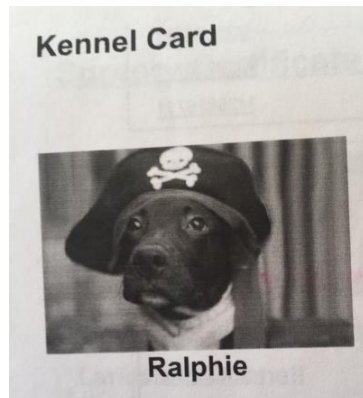
He started his life being dumped in the woods in one of the most impoverished areas of Kentucky, to fend for himself. A nice lady from the local animal shelter found him on her ride home from the shelter and named him Ralphie. She knew he was a smart little puppy and made arrangements to ship him north to have a better life. He wound up at the Voorhees Animal Orphanage in Voorhees, NJ and ultimately to an adoption event.

It was a rainy Sunday and to entertain ourselves, my husband and I went to this event with no intention of adopting. But little Ralphie put his paw on me, rolled his eyes, and said "mommy?"

And that's how his journey began. Thank you Jill Bergmann for being his first trainer, with Ralphie earning S.T.A.R. Puppy. And with continuous training over the years, little Ralphie is now Ralphie XXIII, CD RM RAE CGC CGCA CGCU TKA VHMA ATT.

Not bad for a dumped mutt from Kentucky. And more importantly, he's loved.

He has had 2 ACL TPLO surgeries, and as the Kentucky shelter has told me, if he had had such serious knee injuries in the area he came from, he would've had an amputation after his first leg failed, or he would've been shot. They're grateful we adopted him.



God Dog

Author unknown

When God made the earth and sky
 The flowers and the trees
 He then made all the animals
 The birds, the fish, the bees
 And one at last He'd finished
 No one was quite the same
 Glad said I will walk this earth of mine
 And give each one a name
 And so he traveled far and wide
 And everywhere He went
 A little creature followed him
 Until its strength was spent
 When all were named upon the earth
 And in the sky and sea
 The little creature said, Dear Lord
 There is not one left for me
 Kindly, the Father said to him
 I've left you to the end
 I've turned my own name back to front
 And call you **Dog**, my friend



Does CBD Work for Dogs?

By Caroline Coile, PhD

Topper, a 7-year-old Ibizan Hound, could hardly walk after being diagnosed with severe arthritic changes due to Valley fever. “The pain became so debilitating he had to be carried outside to eat, drink, or use the bathroom,” recalls owner Christy Moore. “He was on pain medication but it wasn’t working. A friend recommended pet CBD. Within three days he could walk on all four legs and I was crying tears of joy. It was the miracle we needed.”

Lady Amelthia, a Greyhound, was so petrified of thunderstorms she would destroy a crate to escape. “Holding her only made her claw to get away. A ThunderShirt reduced her from 100 to 90 on the anxiety scale,” recalls owner Jenn Boswell, director of the Alabama Greyhound Adoption Center. “Veterinary-prescribed trazodone took it down to a 50. Tried three drops of CBD oil and it went down to a 5.”

Success stories abound of dogs overcoming anxiety, slowing seizures, and even beating cancer due to cannabidiol (CBD), one of more than 100 cannabinoids found in cannabis plants. But how can one substance help so many unrelated problems? Or can it? Cannabinoids are substances including CBD and THC that mimic the endocannabinoid chemicals naturally produced in all vertebrates. Receptors for endocannabinoids are found throughout the body. The body’s endocannabinoids act as master regulators that signal other systems when to speed up or slow down, working to stabilize the body and return it to homeostasis. Cannabinoids from the cannabis plant affect these same receptors, each in slightly different ways. For example, THC causes a high, while CBD does not.

Is It Harmful?

Unlike THC, which can cause toxicity and even death in dogs when given at prescribed human dosages, the worst CBD has been documented to do is cause diarrhea and changes in some liver enzyme values after several weeks. The main concern with CBD is that it inhibits a chemical in the body called cytochrome P450 that is responsible for metabolizing most drugs. If a drug’s efficacy depends on its metabolized product, CBD could render it less effective. If a drug’s safety depends on it being cleared from the body within a certain time frame, CBD could cause it to build up to toxic levels. Never give your dog CBD without your veterinarian’s knowledge if your dog is taking other drugs.

Does It Work?

Research with dogs is still scarce, but there’s a huge body of research (about 23,000 published papers!) looking at CBD’s effect on laboratory animals and humans, with encouraging results for pain, especially arthritic pain, itchiness, anxiety, and cancer, all of which have at least one canine study as well. The results in dogs? It depends.

Arthritis: Several studies have looked at CBD’s effectiveness against arthritic pain, all with positive results. A Cornell University College of Veterinary Medicine study found dogs given CBD at a rate of 4.4 mg per pound twice daily for a month showed significant improvement in pain relief and quality of life. Lead investigator Joe Wakshlag, DVM, Ph.D., DACVN, said that some dogs were initially so decrepit that their owners considered euthanasia, but that after just days on CBD they were trotting around and even climbing stairs. A Baylor University study found similar improvement, adding that CBD worked better when delivered in a liposomal formulation.

Itchiness: Two recent double-blind, placebo-controlled dog studies report CBD significantly reduces itchiness. An Australian study conducted by the company CannPal found their CBD product reduced itchiness, inflammation, and skin lesions by 51 percent after eight weeks of treatment. An American study conducted by the company ElleVet found their product, which combines CBD with another cannabinoid, CBDA, significantly reduced owners’ reports of itchiness.

Cancer: Cannabinoids are reported to induce cancer-cell death and prevent metastasis. In a Cornell University study of CBD, dogs and cancer researchers found CBD along with a standard chemotherapy drug reduced cancer-cell proliferation in vitro more than the chemotherapy drug alone. Anecdotal reports from veterinarians have claimed CBD shrunk cancer cells or put dogs in remission.

Behavior: Anxiety, and especially noise reactivity, is a major reason dog owners seek help using CBD. But despite anecdotal reports of its effectiveness, no controlled study so far has shown it to be particularly effective. A study from the University of Western Australia may show promise for aggressive behavior. Shelter dogs with aggressive tendencies exhibited less aggression toward humans when tested after 15 days of CBD administration. In a study from the University of Kentucky, physiological measurements of anxiety in response to noise were not significantly different for CBD versus placebo, and were worse compared to trazodone (a drug commonly prescribed for anxiety). Note, however, that in this study the CBD was administered four to six hours before testing, which may have been too long a waiting period.

Seizures: Lots of anecdotal reports hail CBD’s success combatting seizures in dogs, but the single controlled study delivered moderate results. In this Colorado State University study, dogs given CBD for 12 weeks had 33 percent fewer seizures than those given a placebo, but it didn’t work for every dog. These researchers are now working on a larger trial using higher CBD doses. Note that THC has been reported to cause seizures, so it should never be included in any CBD product for seizure control. In addition, CBD’s effect on cytochrome P450 could interfere with prescribed anti-seizure drugs, so never use it without your veterinarian’s consent.

Other: There’s also evidence from laboratory animals that CBD is effective in promoting bone healing, fighting infection, treating inflammatory bowel disease, slowing degenerative myelopathy, quelling nausea, and relieving pain, but these have yet to be specifically examined in dogs.

How to Choose CBD For Dogs?

With hundreds of CBD products on the market, and little regulation of them, it’s not easy to know which is best. Look for a product with the National Animal Supplement Counsel (NASC) Seal of Quality Assurance, and one that has a third-party certificate of analysis that includes potency, lists all ingredients, and discloses the possible presence of heavy metals, mycotoxins, or pesticides. Avoid edible products formulated for human consumption, which often contain ingredients such as xylitol that are toxic to pets.

Choose products that include other cannabinoids and substances known as terpenes that are also in the cannabis plant. CBD seems to work best when it’s in conjunction with these rather than isolated. But avoid full-spectrum products that include THC.

Portuguese Water Dogs Who Have Lived 15 Years Plus

By Susan Soviero

Decker was 15 on November 20, 2022. Words cannot express how appreciative I am to the late Carolyn Iraggi for entrusting Decker to John and myself. I met Decker as a bouncing 4 month old with a personality bigger than the room he was in and a confidence that no other puppy I had ever met had. I inquired as to his status and learned Carol was looking for a performance home (someone to keep him busy) and possibly show him in breed. I hardly knew what showing in breed even meant but I knew I wanted a championship on my next dog. Obviously, I had no clue but Carol was patient with me and helped me navigate the breed ring and at 17 months Decker went off to earn his Championship followed by Grand Championship just three months later. This was also the beginning of Decker consistently winning Best of Breed and a journey of a lifetime began. True to my word, I enrolled Decker from early on in beginning obedience, foundations agility and rally. He continued training in between breed shows and for his entire performance career. He has always been an enthusiastic, willing partner and devoted to me in particular. He has a desire to please and that has served our partnership well.

I have loved every part of my journey with Decker as has my husband. He taught us the ins and outs of the show ring and was a quick learner. He seemed to understand a large vocabulary which I'm not sure I would have realized without agility training and trialing. He never ceased to amaze me as he added to his vocabulary through his trialing and training.

Decker is the consummate showman. He owns the ground even to this day that he stands on. Whether in the yard or the show ring, Decker has a "look at me attitude" and truly believed everyone was at a show to see him. He never blinked an eye competing at Madison Square Garden several times and the more applause the better, no matter the venue. He stood patiently for over 6 hours at the crowded Westminster Kennel

Club Show when it was still at the Garden in the benching area. I was tired but not Decker. The crowds did come to see him, even though he didn't win! I guess Decker knew his fan base! He loved flying around the ring and seemed to know if he was pulled out in the group ring or breed for a win. I actually think he was annoyed not to be the first dog going around the ring when breed was decided and he didn't win.

His partnerships with all his handlers were remarkable. He completely adapted to anyone showing him and it seems his sense of self told him they were there for him and he just went about his business. In the show ring Decker never put a foot out of alignment, never took a bad picture and always stacked perfectly.

It is hard to balance breed and performance. In order to earn our titles we had worked very hard in classes for I pulled Decker out of the breed ring just 70 points shy of his Platinum Grand Championship to compete in agility and rally. We had a wonderful partnership and he seem to enjoy the extra, one on one attention as well as all the travel. He has been the best traveler and roommate in a hotel a girl can have. Decker competed at full jump in agility until he was 10 1/2 and continued to compete in rally after his agility career.

Decker has traveled thousands of miles with good humor and a remarkable resilience to which seemed like the energizer bunny. He never cared how far he traveled, how hot it was or how rainy the day of a show. He just enjoyed showing and did his job with pure joy!

Decker loves his family time. He loved his walks with my husband which now has passed him by and watching out the box window of our living with his now passed Frenchie buddy, Bogart. He has been the guardian of our property, friend to those in the house, no matter how small and devoted companion. He seems to always be in his element. As a young dog and now an older one he adapts accordingly. I believe he has enjoyed every season of his life and has lived

life to his fullest and on his terms. He has been blessed with very good health for his lifetime.

Decker has been in the Top Twenty, four times with a top ranking at number 3 in breed and 4 in all breed. He is a multiple winner, multiple group placer, winner of many supported entries. Decker is also a two time award of Merit winner at a Specialty and Best Veteran in Breed on many occasions including Specialties. He has had more placements in rally and agility than I know. He has sired many lovely puppies and several have gone on to earn both Championships and Grand Championships as well as group placers. Many have performance titles including several in water. My friend Carol always said he is a “dog of a lifetime”. I know one thing he has given John and me his lifetime as a competitor and companion as a priceless gift. We have been honored to have Decker in our lives.



BCDC DOGS IN COMPETITION

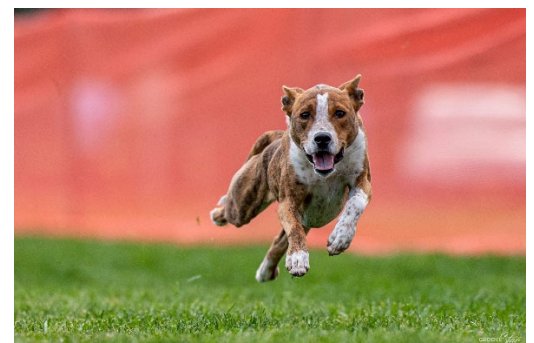
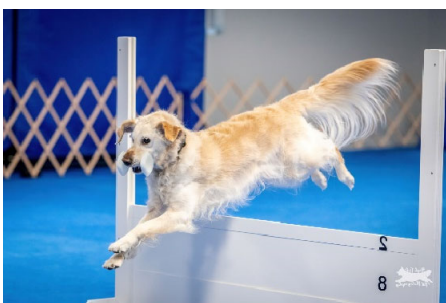
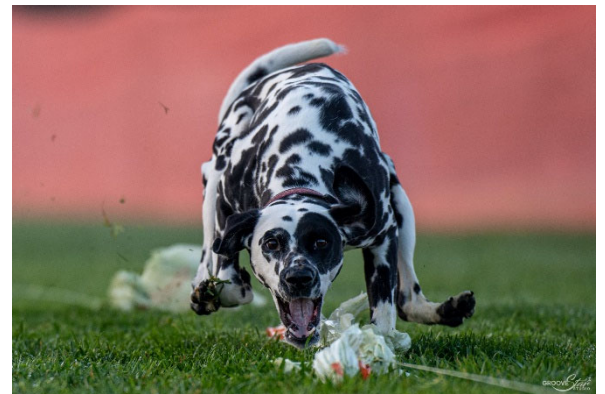
Denise Visco's Si who was at invitationals

He was #1 SFT and is part of the slide show of top dogs



Lorraine Walsh's Winston won some awards

and was featured in the Coast Star newspaper



G R J J L H #G H O L J K W V #



Healthy treat

Ingredients-

32 oz Plain Yogurt

3 Tablespoons Peanut Butter (make sure it contains no xylitol, which is toxic to dogs)

1 Large Banana, sliced

1 Tablespoon Honey (optional)

Instructions

Put all ingredients into a food processor or blender. Blend until creamy.

Fill a silicone mold or an ice cube tray.

Freeze for at least 2 hours.

Pop out of molds and serve to your furry best friend. Keep leftovers in an airtight container in the freezer.



Salmon treat

4.75 can drained Salmon

3 eggs

1 cup flour

Mix together in bowl.

Parchment paper on baking sheet

Press/roll out

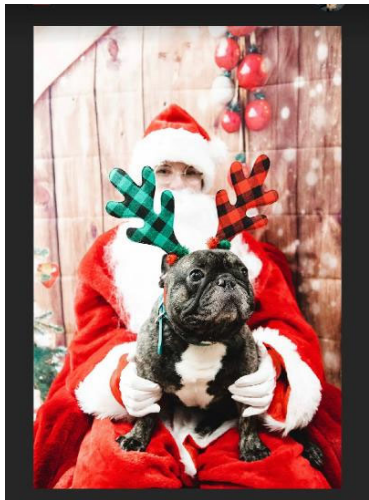
Bake at 300 for about 20 minutes. Flip and bake for another 20. min. (cut in half or in four pieces to flip)

Let cool and slice into one or two inch strips, will fit in snack size bags and can freeze.

Variations: add parsley to mix

Make same treats with one pound 99 percent fat free organic ground turkey (bake longer). For turkey cookies I add different things. Grated carrots & parsley. Small wild blueberries. Less eggs and small cup unsweetened applesauce, little cinnamon.

HOLIDAY DOGS



UPCOMING EVENTS-ITEMS OF INTEREST

JANUARY 15 - Obedience Match Show

JANUARY 20 - Club Members Meeting and Holiday Party

JANUARY 22 - Fitness for the Performance Dog Workshop

JANUARY 27 - Rally Trials- 2 Trials in 1 Day (Judge: Jean Nocilly)

JANUARY 28 & 29 - Obedience Trial (Judge: Joseph Caputa)

FEBRUARY 3 - Judy Kolva Agility Seminar- Advanced Tunnel Skills

FEBRUARY 3 - Judy Kolva Agility Seminar- Distance Skills on Jumps and Tunnels

FEBRUARY 4 - Judy Kolva Agility Seminar- Distance Challenges on Full Courses

FEBRUARY 7 - Club Members Meeting via Zoom

FEBRUARY 11 - Monique Plinck Agility Seminar- What's My Line?

FEBRUARY 11 - Monique Plinck Agility Seminar- Either/Or

FEBRUARY 12 - Monique Plinck Agility Seminar- Handling at a Distance

FEBRUARY 12 - Monique Plinck Agility Seminar- Locking Down Your Verbals

FEBRUARY 19 - Obedience Match Show

MARCH 4 - Scent Work Seminar with Ana Cilursu- Novice/Advanced

MARCH 5 - Scent Work Seminar with Ana Cilursu- Excellent/Master/Detective

MARCH 8 - Club Members Meeting via Zoom

MARCH 12 - Obedience Match Show

MARCH 25 & 26 - Scent Work Trials

MARCH 31 & APRIL 1 - Obedience Trial (Judge: Betsy Horn Humer)

APRIL 2 - Rally Trials- 2 Trials in 1 Day (Judge: Linda Krasley)

