

# collar and lead

The Newsletter for the Bayshore Companion Dog Club, Inc.

#### Editor Jill Bergmann



2020-2021

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By Julie Nicony and Storm

Dock Diving at our Fall Trial

Dock Diving is one of the fastest growing dog sports. North American Diving Dogs is the official AKC association for dock diving. Titles earned at NADD events are recognized by the AKC. NADD holds their national championship in Orlando during the Eukenuba/Royal Canin events. Dogs have to qualify for Orlando.

Any dog can enter the regular events. All a dog has to do is run down a platform and jump into the pool. Toys are thrown for the dogs the jump after. Dive attempts are called "splashes". A title can be earned with 5 splashes within a distance category. Dogs that do not swim well can wear life jackets. The NADD web site has dive data for the breeds that compete. It is surprising to see that almost all breeds do compete and fun to see what the records are for each breed. Currently a Whippet holds the longest distance record. The NADD web site also has training videos and is the source for all one needs to know about this sport. (northamericadivingdogs.com) After many months of trying to host an NADD event we were finally able to this past September. There was some concern that hosting the event would draw volunteers away from the other weekend events. There was also concerns about whether the club could earn a profit. The NADD staff was very efficient and needed no help from us once they had their set-up space. Their members supported our FCAT and agility trials so they had a great time. And we made a profit

Based on the success this year, we plan to host dock diving again at our Fall 2020 trial. We were surprised that most of the dogs entered this year were not member dogs. We hope to see many more member dogs next year. It really was a lot of fun. If you google photographer Tonya D. Montgomery's web site you can see all the happy splashing dogs. Among those was our Lab Storm who loved every second of his diving weekend. He even earned his DJ title. I was pleasantly surprised when his title certificate arrived within a few weeks from NADD complete with the required AKC form. This is a fun event run by a very efficient organization.





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## Xylitol - Information for Dog Owners Xylitol is poisonous to dogs

What is xylitol? Xylitol is a naturally occurring alcohol found in most plant materials. It is used as a sugar substitute in "sugar-free" chewing gums, mints, and other foods because it has fewer calories and a lower glycemic index than common table sugar (sucrose). It is also used as a medicine, a source of energy in tube feeding formulas for people, and in products that treat dry mouth and tooth decay.

What are some common sources of xylitol? •Chewing gum •Mints •Candies •Peanut butter •Ice cream •Chewable vitamins •Cough syrup •Mouthwash •Toothpaste •Anything labeled "sugar-free" or "skinny"

Why is xylitol toxic for dogs? The hormone insulin moves sugar (glucose) molecules from the bloodstream into the body's cells. In dogs, xylitol is quickly absorbed into the bloodstream and stimulates a potent release of insulin from the pancreas. This rapid release of insulin causes a dramatic drop in blood sugar levels as glucose is moved from the bloodstream into cells.

What are the symptoms of xylitol poisoning in dogs? Vomiting• Weakness• Incoordination•Collapse•Seizures

What is the treatment for xylitol poisoning in dogs? If you suspect your dog has eaten a product containing xylitol, contact your primary care veterinarian or local veterinary emergency clinic immediately.

Treatment consists of preventing further xylitol absorption from the gut, if the dog ate a suspect product very recently, and managing the resultant low blood sugar and associated complications. Most dogs will be hospitalized to receive intravenous fluids, dextrose, and liver protectants and to monitor their blood sugar levels and liver function.

What can I do to keep my dog safe from xylitol poisoning?

- •Keep all products that contain xylitol out of reach from your dogs.

  This includes purses, bags, or clothing pockets containing gum or mints (yours or those of any guests) and anything on a table or countertop.
- •Only use veterinary toothpaste to brush your dog's teeth (never human toothpaste).
- •Check the ingredient list for all nut butters or 'human foods' that you may share with your dog.

#### **Summary**

- :•Xylitol is a sugar substitute used in many "sugar-free" or "skinny" human foods and products such as gum and peanut butter
- •Xylitol triggers a potent release of insulin in dogs which results in a dramatic drop in blood sugar. This low blood sugar level and its resulting complications can be life-threatening
- .•Always keep xylitol-containing products out of reach from dogs
- .•Check the ingredient list of all 'human foods' for xylitol before you share them with your dog
- .•If you suspect your dog has eaten a product containing xylitol or is showing symptoms consistent with xylitol poisoning, contact your local veterinary emergency clinic and seek treatment immediately.

References and Resources:FDA Consumer Update – Paws Off
Xylitol: It's Dangerous for Dogs at
https://www.fda.gov/consumers/consumer-updates/paws-xylitol-its
-dangerous-dogs



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#### **Summer Pet Tips: Hot Asphalt and Your Dog**

As we humans escape into our homes that are air conditioned or cooled with fans we wonder why our dogs might be acting sluggish or begging to get back inside. Have you ever noticed dogs who refuse to walk at an event and just plops himself down? Paws scorching on the Asphalt could be the problem... not your dog being stubborn.

The pads of a dogs feet are not any thicker than our feet so if it feels hot to your bare feet then it's just as hot to your dog.

Asphalt temperature and the outdoor temperature are two very different things. When the outside air temperature is 77 degrees the asphalt in the sun is 125 degrees. You can fry and egg at 131 degrees just imagine how your dog feels as you drag him along to the farmers market or outdoor festival being held on asphalt.

#### IS THE ASPHALT TOO HOT FOR YOUR DOG?

Place the back of your hand against the pavement and hold it there for 11 seconds... if it's uncomfortable for you to leave your skin there, then you shouldn't make your dog do it. You can also try walking on it barefoot yourself.

Also, think about the time of day, it takes hours for the pavement to cool off after the outdoor temperature goes down. Think about how the streets stay clear for quite a while when it first starts to snow, that asphalt has stored the heat from the day.

Much better to head to your outdoor event in the morning when the pavement is cool if you really think your dog is going to enjoy it. Those cute paw pads aren't covered with fur which would give the dog a little more insulation if they were. See our favorite ideas to protect your pooch's paws or to help heal them after a bad day in the sun or on the trails.



#### **RULES OF THUMB FOR ASPHALT DOG SAFETY**

- 1. As a basic 'rule of paw'-If the pavement feels too hot for your barefoot, it is too hot for Fido's.
- 2. Pressing your own bare hands and feet on the pavement for at least 7-8 seconds is a recommended strategy to assess heat level.
- 3. If the 7-8 second test yields a comfortable temperature, it is still critical to consider other factors to assess safety accurately.
- 4. The air temperature is NOT an accurate reflection of ground temperature at all!
- 5. Asphalt and other ground surfaces retain heat and this temperature rises exponentially as heat and sun exposure continues. (See chart above).
- 6. Furthermore, the time of day is very relevant!
- 7. Asphalt soaks up the heat all day and can only cool down at a certain rate and only when the sun retreats- so pavement that was deemed safe for a walk at 9 am may differ greatly at high noon and into the early evening.

If you want to take an outing with your dog in the summer think water! Even non-water dogs still like to run along the edge and get their doggie tootsies wet and your feet will like it better too.



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#### Teach Your Dog Tricks and Earn Titles Too!

By Karen R Scheiner

Will your dog jump through a hoop? How about roll over or "play dead"? Will he hop into an open box and sit on command? Have you tried "spin!" and "touch!"? These are just a few of the skills that you can teach your dog to earn a Novice Tricks title under the AKC Tricks program. While many of us are staying home during the pandemic, training tricks can be the bright light in an otherwise dull and uneventful day.

The Tricks program, which was unleashed by the AKC in May, 2017, took off with lightning speed never anticipated. In fact, the AKC eventually created a new department just to manage Tricks! Not only were owners already in the fancy enticed into this new zone of the AKC, but people who had never entered their dogs -in any show- were hooked. It became a new and exciting way for bonding with their dogs. Trainers in obedience and conformation alike became intrigued by the thought of adding more titles to the end of their dogs' names!

At the onset of the program, the AKC anointed all CGC evaluators with the authority to review and approve tricks applications. With the advent of the pandemic this year, and recognizing that almost everyone was virtually stuck at home, the AKC announced that the Tricks Dog Titles could be earned by submitting *videos* of your dogs to a CGC evaluator. To earn the Novice Tricks title, the handler is permitted to use a food lure or a toy if needed. Food and/or clicker reinforcements are also allowed. *Due to limitations of space here, you can find the specific requirements and list of Novice Tricks on the AKC website.* 

Since the onset of the pandemic, I have had the personal opportunity to test (by viewing videos) a number of dogs who were clearly animated and obviously enjoyed the activity. Some novice tricks I reviewed included jump up, "touch" a hand or a stanchion, "kennel up!" (dog jumps into the crate), and retrieve a toy, a glove, or a dumbbell. Many thanks to our own Renee Shriver who has offered to test club members' dogs since March; hopefully many members took advantage of Renee's generosity.

Because teaching tricks is less formal than teaching obedience or rally, the time spent with your dog can be more casual and relaxed. There is really no right or wrong way to get a kiss on your cheek or for the dog to give a paw. If not occurring naturally, most of these tricks can be trained with food. For example, if you put the food

close to your face, the dog will instinctively lick your face! However, many of these tricks are behaviors that dogs offer naturally; you just need to put a name to it. For example, if the dog likes to roll over, when he does it spontaneously, tell him "good roll over!" If he likes to sit up on his hind legs, tell him "good pretty sit!" If he likes to lick your face, tell him "good kiss!" Sometimes food reward is needed, sometimes just your praise is enough! If you say the name of the trick every time the dog does the behavior, he will soon learn to associate the activity with the word.

To be clear, there are actually five (5) levels of the AKC Tricks Program. As you succeed up the ladder, the tricks tend to get more advanced and challenging. The highest title of Trick Dog is the new Elite Performer (TKE). The dog must not only perform 10 advanced exercises, but these must be part of a creative scripted routine that tells a story. The final routine must be performed for an audience of at least five people.



The culmination of the Trick Dog Program is the opportunity to participate in the 2020 Virtual Trick Dog Competition. To be eligible, your dog must have earned the TKE title by September 30, 2020 and a final creative routine must be submitted to the AKC no later than October 1, 2020.

Since it looks like we aren't going to very many dog shows any time soon, teaching tricks offers the opportunity for your dogs' mental stimulation as well as bonding with you, their owner. For the most part, just have fun while teaching new things!



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#### BCDC Obedience & Rally Trial

By Karen R Scheiner (photos by Jill Bergmann)

The BCDC Obedience and Rally Trials will be held on Saturday, November 7 and Sunday, November 8, 2020, starting at 8 AM each day at Up Front Farm. The Rally Trial will be on Saturday and Obedience Trial will be on Sunday. The Obedience/Rally Trial Committee includes myself, Carollyn Carson and Susan Soviero. Other members are welcome to volunteer to join and should contact me (Karen). I will be the on-site Trial Secretary for both events and I am also the Obedience Trial Chair. Carollyn Carson has graciously agreed to serve as our Rally Trial Chair. As in the past, Clantyre Show Secretary Services will take the entries and do preparation of AKC paperwork and judges sheets. I am ultimately responsible for finalizing the marked catalog with scored sheets and submitting necessary paperwork to the AKC.

Because of covid pandemic, I have decided to scale back the number of competitors. This means that we will be offering ONE RALLY TRIAL on Saturday, instead of two trials. The judge will be Jean Nocilly for all Rally classes. We'll probably start with Masters classes and go in order, to Novice. We are offering cash prizes of \$25 for High Triple Q and \$10 for High Combined at the Rally trial.



On Sunday, both Jean Nocilly and Barbara Doering will judge OBEDIENCE classes. Jean will judge Utility A & B and Beginner Novice A & B; Barbara will judge Open A & B and Novice A & B. We are limiting the trial to 6 hours, to keep the number of exhibitors low. All exhibitors will be asked to remain outside of the building until one or two dogs before they are showing. The HIT prize is \$25. The High Combined award is also \$25. As last year, we will also offer \$25 to the High Scoring dog owned and handled by a Bayshore member, whose name will appear on the Lillian Hart Memorial plaque for Obedience started in 2018.







I would appreciate members to volunteer as ring stewards. If you worked before in prior years, I would love to hear from you. It makes it a lot easier than my having to reach out contact so many (wonderful) people; you know who you are! Contact me by email (below) if you want to volunteer or if you have any questions not answered in this report.

Thank you for the opportunity to once again serve the club. Respectfully submitted,

Karen Scheiner

DoxyLadyNJ@gmail.com

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#### DOGGIE DELIGHTS



#### Carrot-Apple Peanut Butter Treat

Make sure to use a natural peanut butter that does not contain added salt, sugar, or other ingredients. Keep extra treats stored in the fridge.

#### **Ingredients**

1 1/4 cups grated carrots

1 ½ cups quick-cooking oats

1 cup grated apple

½ cup natural peanut butter

2 large eggs

#### **Directions**

Preheat the oven to 350 degrees F (175 degrees C). Line 2 baking sheets with parchment paper.

Mix carrots, oats, and apple together in a large bowl. Whisk peanut butter and eggs until thoroughly combined in a second bowl. Pour into the oat mixture and stir until thoroughly combined.

Drop 1 1/2 tablespoonfuls of batter onto the prepared baking sheets. Flatten each treat with your hands until they are 1/2-inch thick.

Bake in the preheated oven until treats are firm to the touch and begin to brown on the bottom, 15 to 20 minutes. Allow to cool a few minutes on the baking sheets before removing to a wire rack to cool completely.

#### Fruit and Vegetable Strips

#### **Ingredients**

- 1 small sweet potato
- 1 medium banana
- 1 cup carrots, minced
- 1/2 cup unsweetened organic applesauce
- 2 cups of whole wheat flour (white if your dog has allergies)
- 1 cup of rolled oats
- 1/3 cup of water

#### **Directions**

- 1. Cook the sweet potato in the microwave for 8 to 10 minutes or until the insides are soft. Set aside and allow to cool.
- 2. Preheat the oven to 350 degrees Fahrenheit.
- 3. Mash the banana and sweet potato in a large mixing bowl with a hand masher until smooth. Add in the carrots, flour, and oats. Slowly add in the applesauce and water while mixing.
- 4. The ingredients will form a soft dough. Roll the dough on to a lightly floured surface until the dough is 1/8 inch thick.
- 5. Cut the dough into strips.
- 6. Cook on a baking sheet for 25 minutes.
- 7. Store leftover strips in the fridge for up to two weeks.



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### UPCOMING EVENTS-ITEMS OF INTEREST

**JOHN NYS SEMINARS SEPT 19-20, is Full** 

NADD DOCK DIVING EAST FREEHOLD SEP 25 - 27, 2020 is Full

BCDC AGILITY TRIAL EAST FREEHOLD SEP 25 – 27 2020

BCDC CAT TRIAL EAST FREEHOLD SEP 25 - 27, 2020

BCDC FAST CAT TRIAL EAST FREEHOLD SEP 25 - 27, 2020

BCDC FAST CAT TRIAL Oct 9 - 11, 2020

BCDC AGILITY TRIAL MANALAPAN, DECEMBER 26, 27, 28

#### BCDC MEMBERSHIP MEETINGS

Sept Thursday 10th (already scheduled from last year)

Oct Tuesday 13th

Nov Wednesday 11th

Dec. Thursday 10th

Jan. Friday 1/8 Holdiay Party

Feb. Tuesday 2/9

March Wednesday 3/10

**April Friday 4/16 Awards Dinner** 

May Thursday 20th

June Tuesday 6/15th

**August Wednesday 11th** 

September Thursday 16th